Zulu Shaman: Dreams Prophecies and Mysteries (Paperback)

By Vusamazulu Credo Mutwa

Inner Traditions Bear and Company, United States, 2003. Paperback. Condition: New. Revised, New of 1st song ed.. Language: English. Brand New Book. In this rare window into Zulu mysticism, Vusamazulu Credo Mutwa breaks the bonds of traditional silence to share his personal experiences as a sangoma—a Zulu shaman. Set against the backdrop of post-colonial South Africa, Zulu Shaman relays the first-person accounts of an African healer and reveals the cosmology of the Zulu. Mutwa begins with the compelling story of his personal journey as an English-trained Christian schoolteacher who receives a calling to follow in his grandfather’s footsteps as a shaman and keeper of folklore. He then tells the stories of his ancestors, including creation myths; how evil came to the world; the adventures of the trickster god Kintu; and Zulu relations with the fiery visitors, whom he likens to extraterrestrials. In an attempt to preserve the knowledge of his ancestors and encourage his vision of a world united in peace and harmony, Mutwa also shares previously guarded secrets of Zulu healing and spiritual practices: including the curing power of the sangoma and the psychic powers of his people.

Reviews

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-- Jada Franecki II

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-- Izaiah Schwalter
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